



**BLUE MET
METROPOLIS
BLEU
FESTIVAL
ENFANTS
CHILDREN**

PRESS RELEASE
FOR IMMEDIATE RELEASE

UNWINDING WITH THE GIGGLES FOR MARCH BREAK!
Presented as part of the TD-Blue Metropolis Children's Festival

**Storytelling, author meet-and-greets on Facebook Live,
laughter yoga and much more!**

Montreal, February 17, 2021 – Travel around the world while staying in the comfort of your own home with Hot Chocolate Story Time, discover the benefits of laughter yoga, or simply get the giggles while listening to a podcast... The TD-Blue Metropolis Children's Festival has gone all out to present new and original activities and inspiring authors for the entire family.

As of February 20, eleven new activities will be added online to our wide-ranging programming that began in the fall. In English and in French, for ages 4 to 12 as well as for parents who enjoy quizzes and entertaining stories.

Join us!

metropolisbleu.org/detente

bluemetropolis.org/unwind

Password for anglophone and francophone journalists: detente

Available online Friday, February 19 as of 3 pm/Exclusive access for media on February 18

Several authors for March break

To pique your curiosity, here are a few activities that will delight the young and not-so-young:



- Children's books *My Granny Loves Hockey* by Lori Weber, *Mon chien banane* by Roxane Brouillard and *Toby Tirebouchon futur champion. Roche, papier, tirebouchon* by Émilie Rivard, presented by the authors,
- *Laughter Yoga / Le Yoga du rire*, an activity presented by Sylvie Dagenais-Douville, in English and in French.



- Videos of tales, including the classics as well as Indigenous and international tales, told by actors such as Holly Gauthier Franckel and Eric Davis (*The House on the Lake*, an Irish folk tale by Edmund Leamy), Emmanuel Hyppolite and Rodley Pitt (Haitian tales), Viviane Nguyen and Holden Wong (Vietnamese tales), Nathalie Baroud and Sylvain Massé (*Les musiciens de Brême* by Grimm), Soleil Launière and Marco Collin (*Wabo* from *Les pays d'en haut*).

- a quiz that will allow you to rediscover a realm of wonderful tales,
- reading recommendations.

Blue Metropolis at a glance

Blue Metropolis Foundation is a not-for-profit organization founded in 1997 that brings together people from different cultures to share the pleasures of reading and writing and encourage creativity and intercultural understanding. The Foundation produces an annual literary festival of international calibre and offers, year-round, a wide range of activities as part of the TD-Blue Metropolis Children's Festival as well as educational and social programs in the classroom, in libraries and online. These programs use reading and writing as therapeutic tools, to encourage academic perseverance and fight against poverty and social isolation. TD is the major partner of Blue Metropolis's youth sector, which includes programming for children between the ages of 4 and 12 as well as a wide range of social programs.

TD

At TD, we believe in the importance of education in a child's development, education provides essential tools that open doors onto a future full of opportunity and accomplishment. We are dedicated to offering tools and programs that will allow children to go through life with a greater sense of confidence in their abilities and to develop to their fullest potential We are pleased to work with partners such as Blue Metropolis, which provides children with a supportive environment, one where learning and sharing take place.

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MERCI AUX PARTENAIRES MAJEURS DE LA PROGRAMMATION POUR ENFANTS ET À CEUX DE NOS PROGRAMMES ÉDUCATIFS 2020-2021
THANKS TO THE PRINCIPAL PARTNERS OF OUR YOUTH SECTOR AND 2020-2021 EDUCATIONAL AND SOCIAL PROGRAMS

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